



CAREENING COVE ANCHORAGE

BREAKFAST

Pumpkin Frittata 19

roasted baby beets, pickled mushrooms, rocket,
toasted sourdough, fine herb

Breakfast Burrito 14.5

scrambled egg, spinach, avocado, corn, tomato relish &
Monterey jack cheese
Add: bacon... 5 / smoked ham ... 5
confit salmon... 8
Manuka smoked ora king salmon ... 9

Eggs on Sourdough Your Way 14

Coppertree farm butter, two eggs

Smashed Avocado on Linseed Sourdough 22

2 poached eggs, pesto, roast tomato, matcha dukkha,
soy & linseed bread

Winter Porridge V 16

cardamom milk, chia seeds, pepitas, cherry compote,
lemon balm

Spiced Poached Pear on French Toast V 16

Tonka bean mascarpone, raspberry, salted caramel,
sesame cracker, mint

Folded Omelette with Toasted Sourdough Bread 21

confit salmon, feta, tomatoes, pine nuts, herb oil
or
rodrigues chorizo, roasted capsicum, diced potato, manchego,
chilli oil

Eggs Benedict 24

poached eggs, spinach, hollandaise sauce
Choice of - avocado / smoked ham /
Manuka smoked ora king salmon / bacon

Sailors Big Breakfast 27

2 eggs your way, bacon, avocado, haloumi, hash brown,
heirloom tomatoes, lamb chipolatas, field mushroom, sourdough

Kids Pancakes 12

maple syrup, strawberry compote (V)

ON THE GO

Selection of Toast, Cultured Butter (2 slices) 4.5

sourdough, rye, gluten free, white, whole meal, multi-grain, fig &
raisin sourdough

Bacon & Egg on Fiore Seeded Roll.... 12

spinach, tomato relish
add: avocado or cheese or Tomato 3 ea

Banana Bread, Plain or Toasted

(GF on request) 6

Muffin (V) 5

Danish Pastry (V) 5

Friand (GF/V) 5

SIDE ORDERS

Hollandaise Sauce 4

Baked beans 4

Bacon 5

Haloumi 5

Chipolatas 5

Avocado 5

Tomato 5

1 Egg 5

Hash Brown 5

Field Mushroom 5

Ora King Smoked Salmon 9

PLEASE ADVISE THE CASHIER IF YOU REQUIRE GF MEAL OR SUFFER FROM ANY OTHER FOOD ALLERGIES OR
INTOLERANCES.

PLEASE ORDER & PAY WITH THE CASHIER AT THE SERVERY.



SANDWICHES 13

Smoked Salmon Seeded Bagel

tzatziki, rocket, fennel, Ligurian olive, semi dried tomatoes

Chicken & Brie on Focaccia

cranberry chutney, pickled red onion, iceberg

Prosciutto on Focaccia

olive salsa, zucchini, eggplant, tomato, feta

Spinach Muffuletta Wrap

pastrami, sopressa, giardiniera pickles, nduja aioli

BEVERAGES

Espresso Coffee

Regular / Large 4 / 5

almond milk, oat milk, soy milk 0.50

Short Black3

Extra Shot 1

Hot Chocolate 4

Pot of T2 Tea 4

English Breakfast, Earl grey, Peppermint, China jasmine, Lemongrass
& ginger, Chai, Chamomile

Traditional Style Milkshakes 7.5

Chocolate, Strawberry, Vanilla, Salted Caramel, Mango
Blueberry with vanilla bean ice cream

Juice 3.5

Orange, Pineapple, Apple, Cranberry, Tomato

FRESH JUICE

Wellness Shots 8 each

Turmeric, Ginger, Beetroot

Fresh Juices 7 each

Apple, Orange, Pineapple

Sunrise 11

Carrot, Watermelon, Grapes, Apple, Grapefruit

Apple Bottom Greens 11

Green Apple, Kale, Basil, Lemon

Tropical 11

Pineapple, Kiwi, Orange, Rockmelon, Mint

Forest 11

Beetroot, Rhubarb, Berries, Grapes, Pear

Renewal Energy 11

Apple, Celery, Kale, Lime, Ginger, Cucumber

Make Your Own Juice 11

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